

Mark Jordan Redefines the Scope of Martial Arts in Dangerous Real Life Scenarios

Mark Has Encapsulated His Extensive Experience and Research Regarding Self Defense Techniques in His Amazing 24-Lesson Video Program

In all sports, conditions and situations faced by sportsmen are controlled. Arenas, grounds or race-tracks usually present a fair competition and ideal conditions. A race car driver who can drive beyond 200 mph on the race track may not be able to do so on the actual road without getting fatally injured. Same holds true for martial arts. Combat and fighting skills learned and applied during training and competitions are often of little use in real life confrontations.

Mark Jordan, one of the most renowned martial arts and personal security experts has recently announced the launch of an incredible 24-lesson video training program. Merging his decades of experience, the program is essentially the very first martial arts training program of its kind. It focuses on techniques that are highly effective in real life situations. Students registering for this online program will get access to one training video per week for 24 weeks.

Mark Jordan explains the difference between learning martial arts and self defense, "I have trained and taught martial arts for the past 35 years and never lost a tournament. But, it was only after several violent real-life confrontations that I learned how deadly the difference is. In real life situations the attackers usually have an unfair advantage of size, weapon and sometimes numbers. I realized how martial arts was often useless in a situation like that."

Mark decided to find a different approach to use his skills for self-defense. Mark said that he found most programs and books on self-defense were not only ineffective, but also dangerous. "I was shocked to see many silly things presented in the name of self-defense. Most of what they teach simply won't work in the real world, and the few things that do work can only be done by big strong hunks."

Mark continued his research focusing on what works and what does not work in real life scenarios. He felt it was necessary to find a method of self defense that works for everyone. He kept in mind the realistic situations, consequences and limitations. After years of trial and error, Mark developed a self defense training program that can actually help anyone in taking down an attacker regardless of size.

The efficiency of Mark's unique self defense training program is proven through years of testing and real life implementation by Mark and his students. Mark has taught his self defense techniques to numerous trainers and professionals across the country. However, it is only now that he is releasing his training program as 24-Lesson Internet Training Video Program.

In order to establish trust and confidence, Mark is offering a 14 day trial which includes a CD containing information regarding this tremendous training program, plus the first two lessons for free. For more information, visit his website <http://www.selfdefensesecretsrevealed.com/>

About Mark Jordan

Mark Jordan is a well-known martial arts expert and self-defense trainer. He has won several martial arts tournaments and awards. Mark currently trains the top most self-defense and personal security experts. Through his knowledge, experience and research Mark has developed techniques that really work in self defense. His 24 video self defense programs help teach people in defending themselves against an attacker of any size. For more information regarding Mark and his program, please use the following contact details.

Contact Details:

Website:

Email:

Phone:

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